

## What happens if your doctor refers your child to a specialist?

If your child needs to see a specialist for follow-up care that is medically necessary, a referral from your doctor or approval by your Medicaid Care Coordination Plan might be needed. For example, a referral might be needed to have a hearing test done by a specialist.

## What other Healthchek appointments should I make?

Dental and vision check-ups are also important and can be scheduled without a referral from your doctor. Call your Medicaid Care Coordination Plan if you need help with follow-up care or referrals.



Ohio's Care Coordination Plans



Ohio Association of Health Plans



[www.ohiohealthcarehome.org](http://www.ohiohealthcarehome.org)

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# Healthchek

Ohio's Early and Periodic Screening, Diagnosis and Treatment Services.

Keeping children healthy and growing the way they should is important. A big part of this is seeing the doctor regularly for Healthchek screenings—even when your child is not sick—in order to make sure your child stays healthy. Healthchek screenings help find problems or possible problems early, before they become serious. If a problem is found, Healthchek includes medically necessary follow-up care and referrals. Healthchek screenings are provided from birth to under 21 years of age. These services are covered as part of your Medicaid Care Coordination Plan.

## Healthchek includes health education and complete screenings for:



PHYSICAL EXAMS



IMMUNIZATIONS



DENTAL



HEARING



VISION



MENTAL HEALTH



DEVELOPMENT



LAB TESTS



NUTRITION



Healthchek also includes treatment or referrals for problems found.

**Healthchek is Ohio's name for federal EPSDT services. EPSDT stands for:**



**EARLY**

SO PROBLEMS ARE  
TREATED SOON



**PERIODIC**

TO SET UP REGULAR  
APPOINTMENTS



**SCREENING**

TO CHECK FOR A  
MEDICAL PROBLEM



**DIAGNOSIS**

TO FIND A  
MEDICAL PROBLEM



**TREATMENT**

TO CARE  
FOR A PROBLEM

## Why are Healthchek screenings important?

Seeing the doctor regularly and caring for problems early could:

- Help your doctor get to know your child
- Help your child stay healthy as he or she grows
- Find health problems before they get worse
- Stop health problems that make it hard for your child to learn
- Help your child have a healthy smile

## How do I start?

Make an appointment with your child's doctor. Contact your Medicaid Care Coordination Plan to get help with:

- Finding a doctor or dentist
- Setting up a Healthchek appointment
- Arranging transportation to the appointment
- Answering your questions about Healthchek
- Talking with a case manager to help you find and get other services

Also, you can contact the Healthchek coordinator at the county job and family services office. The Healthchek coordinator can help you find transportation.

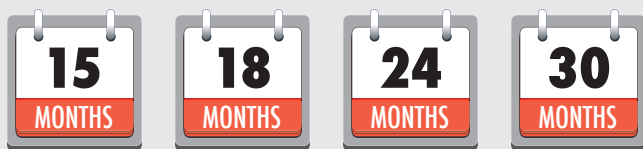
## When and how often do I need to schedule a Healthchek screening?

Getting a Healthchek screening at the right time is the best way to make sure your child continues to be healthy.

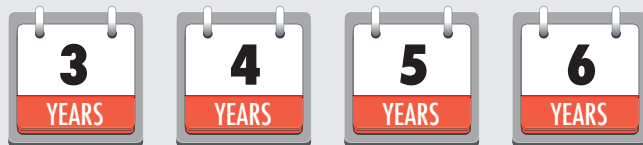
### Babies need check-ups at:



### Toddlers need check-ups at:



### Young Children need check-ups at:



Older Children, Teenagers and Young Adults under 21 years of age need a check-up every year.

Ohio's Medicaid Care Coordination Plans want you to "Get Your Well On" to get healthy and stay well. By scheduling regular check-ups for your children with a primary care doctor, you can see that your kids are "Getting Their Well On" and keeping their health on track.

## What happens after seeing the doctor?

After the Healthchek screening, the doctor will help you understand the results. If you do not understand something, feel free to ask questions. Here's what could happen if the doctor finds a problem:

- For special problems, the doctor will treat the problem or refer your child to a specialist for help.
- For vision problems, your child could see an eye doctor and get eyeglasses.
- For hearing problems, your child could see a specialist and get hearing aids.